

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Craig Spalding**

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

**TIME** 01:46:18

**PACE** 08:09/km

**OVERALL** 67 of 140

**GENDER** 54 of 93

**40 - 49** 17 of 30

22 July 2018, Sun

Date



BowlTime

Signature